Subject: New submission from Coaching Session 2 Exercise - The Knowing-Doing Gap From: "randycantrell@gmail.com" <randycantrell@gmail.com> Date: Mon, 23 May 2016 16:55:36 +0000 To: randycantrell@gmail.com

Your Name

Steve Kinder

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List the 3 things you know to do, but you're not doing them.

- 1. Being more organized with my businesses records and personal financial records.
- 2. Making better priority Lists for things "outside" of my business
- 3. Having more intention as a parent with the time with my kids, engaging them more and talking about purpose and values

First name of Direct Report #1

Sue

List the 3 things you believe they know to do, but they're not doing them.

- 1. Finding time for herself outside of work to get perspective
- 2. Delegating activities to others in the organization so she can focus mor eon what she does best or needs to do
- 3. Having a consistent workout schedule for herself.